

The Canterbury Academy Sixth Form

A Sixth Form for all the Talents



Part of The Canterbury Academy Trust

The Canterbury Institute of Sport



'As much as possible, as often as possible, for as many as possible'

In partnership with Simon Langton  Grammar School for Boys to provide a grammar school band for boys and girls in a comprehensive school for all the talents

The Canterbury Academy Sixth Form

The Canterbury Academy Sixth Form for 'all the talents' is based upon The Canterbury Campus, which offers 'a wealth of opportunity' and seeks to replicate the ambiance of Higher Education. Being one of the largest Sixth Forms in Kent, it provides a wide range of courses, fulfilling our aim to offer 'as much as possible, as often as possible, for as many as possible.'

Part of this offer is our **Sixth Form Sport Programme** which benefits from outstanding facilities.

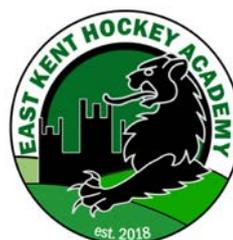
This unique professional sports training programme includes full-time training and competition in a range of sports. Each sport-specific academy is designed to replicate the quality of provision in professional sporting environments and exceed the offer of the private sector.

Students follow integrated A Level or BTEC qualifications taught by outstanding, qualified, full-time teachers. The sport-specific training enables our students to develop their performance, mental toughness and physical conditioning, compete at the highest level, go on to university and also provides opportunities for overseas scholarships.

We offer the following programmes:

The Kent Crusaders Basketball Academy is recognised as one of the leading programmes in England and is led by Adam Davies, who has been involved in England and GB age group squads. Players progress to the highest levels and there is a strong emphasis on mental toughness, improving basketball IQ, advanced individual fundamentals and developing the all-round player. The team competes in the national EABL throughout the season and opportunities to compete in national leagues exist through the Kent Crusaders partnership.

The East Kent Cricket Academy is led by ex-Kent Cricket Academy Director and First Team Assistant Coach, Phil Relf. It is a unique opportunity for players to work in professional facilities with highly qualified coaches. Players get the chance to work on their skills, fitness and the mental side of the game and competitive opportunities exist across the Summer term. The programme is open to students from The Canterbury Academy and The Simon Langton Grammar School for Boys. The standard of the training is high, with several players having represented their county age group squads and some have been selected for county academies.



'A wealth of opportunity'

'Every student is good at something'

The East Kent Rugby Academy is led by Fijian Fly Half, Nicky Little. He works closely with a number of coaches who have professional playing and coaching experience. The emphasis is on mastering fundamental skills and developing strategic understanding of what is required to play high level rugby. Players benefit from all training sessions being on the highly impressive 4G pitch at our partner school, Simon Langton Grammar School for Boys. A strong fixture list encompassing regular games for players of all levels underpins the programme. Sport science support is available on a regular basis and the players are often provided with a pre-season tour to prepare for the season.

The Golf Academy is currently based at the outstanding facilities at Boughton Golf Club. Players receive 1 to 1 coaching from a professional coaching team. Regular chances to work on the course and driving range enable players to develop their game in a supportive environment. There are competitive opportunities in county and regional tournaments throughout the summer. Recent successes have included Dan Smith, who is currently planning to turn professional, and Cameron Lombard, who represented the England U18 side in 2018.

The Canterbury Academy Netball programme will provide a competitive and training opportunity for committed netball players. Weekly training sessions will cover key technical and tactical components of netball and provide players with regular strength and conditioning support. Matches will take place against established netball schools.

The Marathon Sports Athletics and Fitness Academy is led by Nicola Plews who has worked with leading athletes in a range of sports. Nicola has a team of coaches including ex-international athlete, Darren Hatton. The coaches are able to deliver specific strength and conditioning for students who excel in a range of sports. Our recent intakes have included boxers, ice skaters, American Footballers, swimmers, gymnasts and trampolinists as well as traditional track and field athletes. Weekly training takes place in a number of different environments including our own athletics track, two specialist gyms and appropriate destinations around East Kent. A specialist triathlon programme is also available through our partnership with Simon Langton Grammar School for Boys.

The East Kent Hockey Academy has been set up in partnership with Simon Langton Grammar School for Boys. The hockey programme is based at the outstanding Polo Farm facilities. The hockey academy is led by a team of highly qualified coaches. There are regular competitive opportunities for players. Simon Langton Grammar School for Boys have traditionally produced strong teams that progress in national competitions and this initiative involves both schools working together to provide a professional experience for quality hockey players.

All students who are accepted into **sports science support programmes** offered by The Canterbury Academy benefit from top class Sports Science support. We have sport science professionals leading our strength and conditioning support including Mark Dayson who is our sports physiotherapist. Mark is a very experienced sports physio and as well as treating students for injuries, offers education on prehab routines and recovery protocols. There is also sports massage available. Students with an interest in strength and conditioning can gain qualifications in Personal Training. High level sport students who represent their county and above get preferential access to the state-of-the-art fitness gym in Lifestyle Fitness.



'A School for all the Talents'

Contact Information

If you are interested in joining The Canterbury Academy Sixth Form

Please contact:

Sarah Kendrick-White - IAG Careers and Progression Co-ordinator
skendrickwhite@canterbury.kent.sch.uk or

Phil Relf - Director of Sport
prelf@canterbury.kent.sch.uk

to arrange a professional discussion and/or visit



'A university style campus for sixth form students'

Knight Avenue, Canterbury, Kent, CT2 8QA Tel: 01227 463971

Website: www.canterburyacademy.co.uk